

# Connect with *Your* Self



***Connect with your inner Wisdom, your Intuition through  
Dru Yoga, Breathing, Relaxation, Meditation  
Chakra clearing and Emotional Freedom Tapping  
Allows your life to Flow...  
It brings Peace, Joy, Clarity, Happiness and Fulfilment...***

**Saturday 26<sup>th</sup> January 2019  
2-5pm**



**Refreshments provided  
Oddfellows Hall, Main Rd, Saltney,  
Chester, CH4 8SG  
Cost £30/£25 concessions**



**For further details and to book contact Teresa 07876254518,  
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